



# London Chemsex Network

23<sup>rd</sup> June 2017

# Agenda

- Update from Scoping Meeting held January 2017
- Network Terms of Reference
- Information updates
- Resources
- Training needs analysis

# Partners



# Gaps identified

- Knowledge & confidence
- Terminology
- Chemsex drugs
- Address issues
- Talk frankly about sex
- Training
- Drug treatment catching up
- LGBT friendliness

# What should the Network cover?

- Share knowledge & experience
- Training
- Keep up to date with services, resources etc.
- Opportunity to network
- Service directory
- Working more smartly together
- Strategic approach
- Set of standards or competencies
- Senior sponsor – PHE
- Opportunity to engage with commissioners

# Actions from scoping meeting

- Publish and circulate note ✓
- Seek engagement with broader range of drug treatment services
- Simultaneous discussions at strategic level – started
- Email forum ✓
- Training delivery
- Training needs assessment – starting today
- Meeting in Spring ✓ (well, June...)
- Terms of Reference - drafted

# Terms of Reference

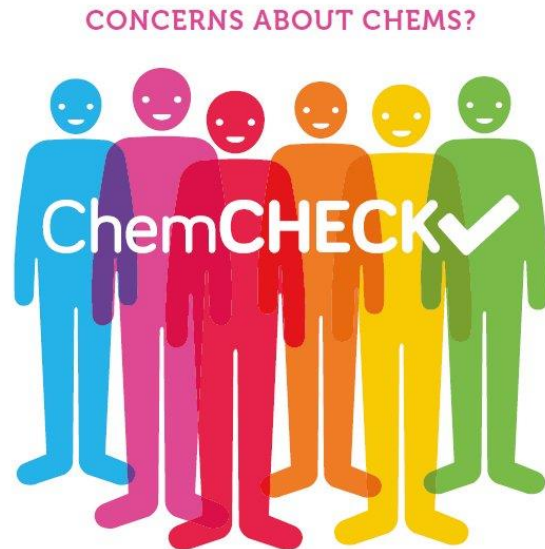
- Draft Terms of Reference produced
- Do these adequately cover the scope of the Network?
- Does anything need to be added
- Do we agree to the ToR?

# Updates

- Chemcheck
- SWAP
- Friday to Monday pilot
- PrEP Impact Trial in England
- Hepatitis A update - PHE



# Chemcheck



A free 6 week group programme supporting you to address questions or concerns around chem use in a friendly, non- judgemental environment.

Interested?

Call Jamie on 020 7833 1674  
or email [jamie@londonfriend.org.uk](mailto:jamie@londonfriend.org.uk)

- 6 week health promotion/behaviour change programme
- HIV prevention focus
- RISE Partnership in Lambeth, Southwark & Lewisham



# SWAP



**MESSY WEEKEND?**

**CHEMS TAKEN OVER?**

**HAD ENOUGH?**

**WANT MORE OUT OF LIFE?**

**SWAP**

Structured Weekend Antidote Programme

- Structured Weekend Antidote Programme
- Intense therapeutic chemsex programme
- 8 days over 4 weekends
- Referrals now open for group in July

# Friday to Monday

- Pilot – PHE HIV Innovation Fund
- London Friend and Terrence Higgins Trust
- Online chemsex interventions
- Reach areas with less support or experience, and those who face barriers attending services
- Website – self-assessment tool
- Video counselling & group work
- [www.fridaymonday.org.uk/](http://www.fridaymonday.org.uk/)

# PrEP Impact Trial

- NHS England & PHE agreed to provide PrEP
- Pre-Exposure Prophylaxis for HIV negative people
- Earlier clinical trial (Proud Study) reduced risk of infection by 86%
- Impact trial to test practicalities of national roll-out
- GUM clinics
- Eligibility criteria

# PrEP Impact Trial

- “Top priority” for NHS
- Current tender process to purchase drugs
- Expect contract by end of July
- Drugs may be available during August
- At least 10,000 people (5,000 by early 2018)
- Inform staff, clients
- Recruitment
- [www.gov.uk/government/news/update-on-prep-impact-trial-in-england](http://www.gov.uk/government/news/update-on-prep-impact-trial-in-england)

# PrEP Impact Trial

Buying PrEP online:

- [www.prepster.info](http://www.prepster.info)
- [www.iwantprepnow.co.uk](http://www.iwantprepnow.co.uk)

Film – PrEP17:

- [www.prepster.info/prep17/](http://www.prepster.info/prep17/)

# Hepatitis A Update

- PHE issued update 20<sup>th</sup> June
- Increased cases in gay & bi men, especially in London
- Concerns over tourism to and from London
- Especially aimed at those attending World Pride in Madrid (1<sup>st</sup> July)

# Hepatitis A Update

- Attend GUM and ask for vaccination

Advice for those not vaccinated:

- wash your hands after sex (ideally buttocks, groin and penis too)
- use protection for fingering, rimming and fisting
- change condoms between anal and oral sex
- avoid sharing sex toys
- [www.gov.uk/government/news/hepatitis-a-among-gay-and-bisexual-men](http://www.gov.uk/government/news/hepatitis-a-among-gay-and-bisexual-men)



# Resources: PIP PACs



- 6 x 1ml Fixed Needle Syringes\*
- 2 x Spoons with Filters\*
- 6 x Alcohol Prep Pads
- 1 x Measuring Syringe (2ml)
- 2 x Straws\*
- 4 x Black Latex Gloves (Medium)
- 2 x 10ml ID Glide Lubricant Pillows
- 2 x Skins Condoms
- 2 x Hydration Tablets
- 1 x Chemsex Booklet (24 pages)
- \* Colour coded
- [www.pippac.co.uk](http://www.pippac.co.uk)

# Resources: PIP PACs



- New Dutch resource on slamming
- Available in English
- <http://english.mainline.nl/posts/show/8123/new-brochure-about-slamming-dos-donts>

# Future Training

- Propose at least two training events this year
- What topics would be most worthwhile to cover?

# Next steps

- Write note from today's meeting
- Circulate resources
- Promote network to colleagues
- Continue discussion with Public Health England
- Plan first training event