

friend^{LONDON}



Meet London Friend

Established in 1972 as an offshoot of the Campaign for Homosexual Equality, London Friend is the UK's oldest Lesbian, Gay, Bisexual and Trans charity in the UK.

We've changed a lot since then, and so too has the battle for LGBT equality. But what hasn't changed is London Friend's commitment to supporting LGB&T people.

We offer low cost counselling and support around issues such as same-sex relationships, sexual orientation and gender identity and promoting personal growth and self-confidence.

Our drug and alcohol service, Antidote, delivers vital support to LGBT people seeking help around substance use issues.

We provide a range of evening support, social groups and a Friday morning drop in – a safe alternative space to the bar and club scene.

Our national helpline runs 4 evenings a week. And we can proudly say that all of our services are delivered by trained LGBT volunteers.

If you are interested in our services, volunteering or making a donation, please visit our website or get in touch.



+44 (0)20 7833 1674
www.londonfriend.org.uk
office@londonfriend.org.uk

London Friend Services:

Antidote:

Drug & alcohol service

Clinic, Thursday, 6-8.30pm

32A Wardour Street, Soho

London W1D 6QR

Walk in assesment service

Monday, 11am-1pm

86 Caledonian Road

Kings Cross N1 9ND

Counselling

Call 020 7833 1674 to register or

visit www.londonfriend.org.uk

Helpline

Monday, Tuesday, Wednesday &

Friday: 7.30-9.30pm

020 7837 3337

Partnership Services:

Code

For men using drugs for sex

Tuesdays, 5-7.30pm

3rd Floor, 56 Dean Street, Soho

London W1D 6AQ

cliniQ

Trans sexual health clinic

Wednesdays, 5-7pm

56 Dean Street, Soho

London W1D 6AQ

Club Drug Clinic @ Chelsea and Westminster Hospital

Mondays & Fridays, 1-4pm, by appointment only.

Groups:

Run at our building 86 Caledonian Road, Kings Cross, London N1 9DN.

Current groups include:

- Friday morning drop in for LGBT people from 11am – 1pm.
- Matrix: social group for gay & bi men runs on the 1st & 3rd Thursday of every month.
- Turning Point: for men who are unsure about their sexuality or coming out runs on the 2nd and 4th Wednesday of every month.
- Changes: coming out group for lesbian & bi women runs on the 2nd and 4th Monday of every month.
- Fusion: for black, Asian and ethnic minority lesbian & bi women runs on the last Thursday of every month.
- Lesbian & bi women's social group runs on the 1st and 3rd Wednesday of every month.
- Creative writing group: for LGBT people runs on the 3rd Monday of every month.